

Inside Shots & Tight Lies

July Workday	2
Tournament Winners	3
Hang Loose Aug 3 Twilight	4
Aug 10 Breakfast Club	5
Rules Tip	6
Club Championship	7\8
Endowment Fund/Lessons	9
Upcoming Events	10

The Mental Side of Golf

Now that the club championship is over, many of us wonder if our mental game let us down. The better you are with the technical side of golf, the swing, putt and club selection, the more the mental side plays a role in your success or failure. There is a whole slew of tips from the pros but here are a few to get you started:

- Follow a pre-shot routine. Whatever that is, do it and do it always.*
- Proceed slowly. Quickening your pace during tense moments makes for a quick swing which is deadly in golf. Walk and set up slowly and methodically. Take a deep breath.*
- Practice positive visualization. See that putt go in the hole or that drive arc high and straight.*
- Commit to your shot 100%. Make a decision before addressing the ball and go with it. Being tentative over the ball leads to disaster.*
- Get in the zone....that perfect place between focus and relaxation. Draw on your personal non-golf tendencies to achieve that place. Do you work well under pressure or in a light hearted atmosphere? Mimic whatever that perfect place is on the course.*

Here is a great site on the mental side of golf:

<http://golf-info-guide.com/golf-tips/learn-the-mental-side-of-golf/>

July 31st Workday

A lot was accomplished on this workday: damaged tee boxes repaired, branches trimmed, restrooms cleaned, recycling sorted, weeds whacked and removed, clubhouse cleaned up, etc. etc! Dick Bangsund brought his backhoe again and removed the brush pile near the clubhouse and replaced the old rotten logs in the parking area with new telephone poles.

Mary Ellener and Rita O'Boyle served lunch for the overworked crew.

We continually thank our members for the sweat equity they put forth on our course. The upkeep of a golf course is no small task even collectively. Thank you all so much for doing what you do.



Lott & Pilon

Winners

Women:

1st: Sue Crockett

2nd: Nancy Lynch

Men:

1st: Ron Metcalf

2nd: Dick Lea

August Aces

Perry Brown

Gretchen Gruenke

Club Championship

Low Gross:

John Quickstad

Bev Smith

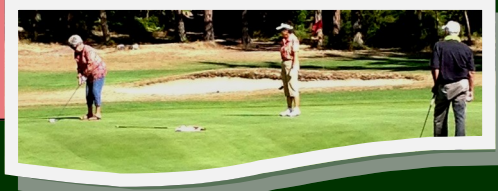
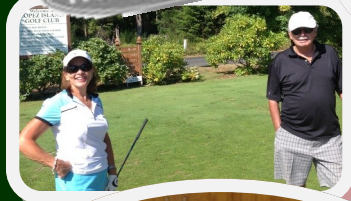
Low Net:

Jerry Rempfer

Pat Goodfellow

ALL Events Are Posted On Our Website

<http://lopezislandgolf.com/>



August 3rd Twilight Hawaiian Style

The creativity of our members is phenomenal. Another great event with Dodie Schiessl and her daughter Anna doing all the food and donating the proceeds of \$300 back to the club. Herb Schiessl and Patty Goodfellow did the game....so we all know who we can blame for our bad scores! Three clubs....that's all you could bring. Some chose the big guys and depended on their drivers to work as putters; some concentrated on the short game clubs. Winners were net team scores with 35 players on the course and 42 people in all for the Schiessl fabulous Hawaiian dinner. Attire??? Wear your loudest Hawaiian shirt. Our very own sheriff Rob Nou won that honor. It must be nice for him to wear something other than his bulky uniform!

1st place team: Perry Brown, Dolores Vrooman, Bill White

2nd: Brian Lynch, Beth Hughes, Jerry McKelvey

3rd: Ray Ellener, Miki Straughan, Jimmy Billesbach

Closest to the line: Steve Levy & Lynn Hall

50/50 drawing: Brian Lynch

Many, many thanks to the Schiessls, Patty Goodfellow and all who attended!

Breakfast Club August 10th

Another great success! Approximately thirty people were served on this final breakfast club event of the season.

Please send Mary & Ray your feed-back on your enjoyment of this addition to our summer line-up of events. Her email address is marytobacco@comcast.net





Welcome New Member

Kathy Keller

Golf Truths

You can hit a two acre fairway 10% of the time and a two inch branch 90% of the time!

Rules Tip

Taking relief from a lateral water hazard. Penalty one stroke. Drop as per A, B, or C below. Rule 26-1

- A. Drop as near as possible to where the original ball was played. On the teeing ground, using a tee is allowed.
- B. Drop behind the water hazard on the extension of the line from the hole through the point where the ball LAST CROSSED THE MARGIN OF THE HAZARD.
- C. Drop WITHIN two club lengths from the point where the ball LAST CROSSED THE MARGIN OF THE HAZARD, however, no closer to the hole. Alternately on the opposite side of the lateral water hazard, equidistant from the hole.

Courtesy of Mary Brown

Club Championship

2013

The ladies had 8 entries and the gents had 13 on the first day of club championship. It was a gorgeous morning. There was very little wind with none of the fog that has been hanging around lately.

At the end of play on the first day the leader board read:

Mary Brown 92 Bev Smith/Chris Bangsund 99

John Quickstad 75 Gary Blair 78 Bob Gerfy 79

Day two mixed things up a bit:

Bev Smith 186 Mary Brown 189 Chris Bangsund 199

John Quickstad 154 Gary Blair/Jerry Rempfer 161

Final Day:

Bev Smith 273 Mary Brown 291 Chris Bangsund 301

John Quickstad 232 Gary Blair 239 Jerry Rempfer 242

Net score winners:

Jerry Rempfer 200 Pat Goodfellow 203

Congratulations

2013 Low Gross Club Champions:

John Quickstad & Bev Smith

2013 Low Net Champions:

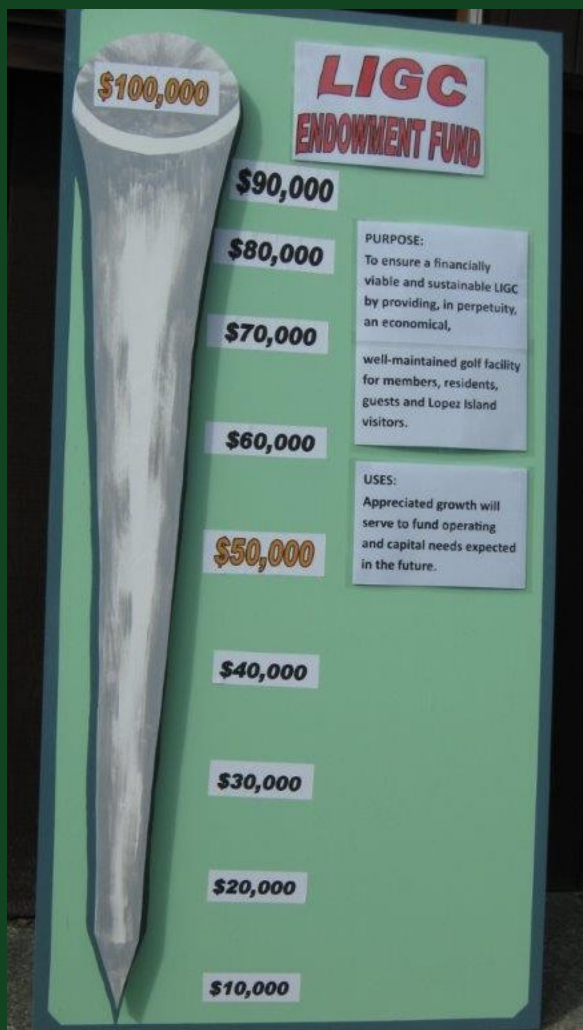
Jerry Rempfer & Pat Goodfellow

Thanks to all the participants and the cheering section on the final day!



Club Championship Photos





Endowment Fund Sign

Many thanks to Dick Bangsund for creating this great wooden sign to monitor the rise of our endowment fund. Also thanks to Chris Bangsund & Joyce Kruithof for doing the lettering.

There will soon be pledge forms available mounted on the sign and some marking that depicts the current monetary level of the fund.

There is also a ringed binder at the club telling all about the endowment fund with a list of contributors to date.

Thanks so much for all your contributions!!!

One final day...don't miss out

Lessons available Steve Nightingale, PGA Pro

Monday Sept 9 11:30-5:45

1 hour slots for private/semi private lessons 11:30 am—4:30 pm

Group lesson 4:30pm-5:45pm (minimum 4)

\$50 private \$60 for two-some \$20 each for group

Sign up at the club, call Sally Fri-Mon 9-3 468-2679

Or email at ligc@rockisland.com

**Open to
Members &
Non-Members**



UPCOMING EVENTS

Remember to check out the **EVENTS CALENDAR** in the **DIRECTORY** on the **WEBSITE** for specifics on all the events. <http://lopezislandgolf.com/>

August:

28 Workday 9-12

September:

4 Business League 5pm

8 King & Queen Tourney Noon
9 hole scramble 3 pm
Awards Banquet following

15 Final Twilight Golf 3:30

22 Horserace 1 pm

25 Workday 9-12

October:

6 Fall Membership Meeting 4 pm

King & Queen Tourney
9 hole scramble
Awards Banquet

Sept 8

Sign up at the club

Final Twilight of the season

Sept 15 3:30 Details soon

Final Business League
of the season

DATES: Sept 4

TIME: Sign in 5 pm; tee off 5:30

Cost: \$5 members; \$15 non-members

It's a 9-hole competition for a team you create. You can name it anything you'd like. If you don't have a team, Esa will assign you one.

Contact Esa for more information @ 468-3603 or

Esa.turunen62@gmail.com

It's Horserace
time again
Sept 22nd



Betting windows open at noon

Parade to the Post 12:30 pm

Betting windows open till post time

...And they're off 1:00 pm

Potluck appetizers following



Chipshots: The Newsletter August 2013 Issue

Lopez Island Golf Club

589 Airport Rd.

Lopez Island, Wa. 98261

(360) 468-2679

Original Design by Steven Levy

Producer: Chris Bangsund

Editor: Joyce Kruithof

Rules Tip: Mary Brown

